

2023 OREGON MIDDLE SCHOOL WRESTLING REGIONAL CHAMPIONSHIPS

DATE: Saturday, March 4th - Doors open 7:30 AM; wrestling starts 9:00 AM.

LOCATIONS: There are 4 locations with open registration. Pick whichever is most convenient:

Willamette – Woodburn HS (contact: Dusty Price- jprice@woodburnsd.org)

Satellite weigh-ins for the Willamette regional will also be available at the following locations:

Banks HS (contact: Dan Herb- danherb@rocketmail.com)

Wy'east MS (contact: Trent Kroll- Trent.kroll@hoodriver.k12.or.us)

Eastern – Riverside HS (contact: Richard Rockwell- hans_130@yahoo.com)

Southern – Scenic MS (contact: Greg Haga- gregory.haga@district6.org)

Central – Caldera HS (contact: Les Combs- leslie.combs80@gmail.com)

ADMISSION: **\$5 entry fee for coaches and spectators** (under 6 are free)

REGISTRATION: **\$20 per wrestler**, payable at weigh-ins. Wrestlers participate under assigned middle school, not club. **School ID required**. If school does not issue an ID, print some proof of enrollment with student grade level (e.g. report card). Homeschoolers can bring comparable verification of grade. They will register under the middle school they would have been assigned to attend. Only open to current 6-8 graders. There will be **separate boys and girls brackets**.

WEIGH-INS: Friday, March 3rd from 4:00-7:00 PM at tournament location determined by each region. OSAA rules for weigh-ins are in effect. Wrestlers will **weigh-in wearing approved uniforms** (singlet or compression shirt with shorts). There are no check scales and absolutely no weight cutting at the facility or leaving the weigh-in area once you enter. OSAA *Medical Release for Wrestlers to participate with Skin Lesion* is required to compete if wrestler does not pass skin checks.

WEIGHTS: **Boys**- 75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275
Girls- 80, 90, 95, 105, 110, 115, 125, 140, 160, 220

SEEDING: Wrestlers in each bracket will be seeded 1-6 based on ¹previous place at the middle school state tournament and ²previous place at regionals.

FORMAT: The size of the brackets will vary by weight class, but are usually around 16-man brackets for the boys. No changes will be made to the brackets to avoid teammates or previous opponents.

STATE QUALIFIER: Each region will qualify the following number of wrestlers for the Oregon Middle School Wrestling Boys State Championships the following Saturday at Woodburn High School:

6 from Willamette, 4 from Central, 3 from Eastern, and 3 from Southern

The Oregon Middle School Wrestling Girls State Championships is an open tournament. Placers in the girls' brackets at these regional qualifiers will be able to earn a seed in the state tournament, but placing in the regional qualifier is not required to participate in girls state.

OFFICIALS: OSAA certified officials will be at the tournament.

OTHER INFO:

- Headgear is required and shoelaces must be secured. Long hair must be secured with either rubber bands or proper hair covering secured to headgear.
- Only two coaches can be in the corner; no other spectators allowed matside.
- Nobody should block the view by standing or sitting along the front of the mat (even if recording a match). They will need to sit in the bleachers.
- Unsportsmanlike conduct by any individual may result in immediate removal from the premises and possible removal of the head coach. Coaches encourage good sportsmanship from parents.
- No team score will be compiled at regionals.
- Concessions and tournament shirts and hoodies will be available for purchase.