

# 2020 OREGON MIDDLE SCHOOL REGIONAL WRESTLING CHAMPIONSHIPS

DATE: Saturday, March 7<sup>th</sup> - Doors open 7:30 AM; wrestling starts 9:00 AM.

LOCATIONS: There are 4 locations with open registration. Pick whichever is most convenient:

Willamette – Woodburn HS (contact: Dusty Price- [jprice@woodburnsd.org](mailto:jprice@woodburnsd.org))

Eastern – Riverside HS (contact: Richard Rockwell- [hans\\_130@yahoo.com](mailto:hans_130@yahoo.com))

Southern – Crater HS (contact: Greg Haga- [gregory.haga@district6.org](mailto:gregory.haga@district6.org))

Central – Mountain View HS (contact: Les Combs- [leslie.combs80@gmail.com](mailto:leslie.combs80@gmail.com))

ADMISSION: **\$5 entry fee for coaches and spectators** (under 6 are free)

REGISTRATION: **\$20 per wrestler**, payable at weigh-ins. Wrestlers participate under assigned middle school, not club. **School ID required**. If school does not issue an ID, print some proof of enrollment with student grade level (e.g. report card). Homeschoolers can bring comparable verification of grade. They will register under the middle school they would have been assigned to attend. Only open to current 6-8 graders.

WEIGH-INS: Friday, March 6<sup>th</sup> from 4-7PM at tournament location determined by each region. OSAA rules for weigh-ins are in effect. Wrestlers will **weigh-in wearing approved uniforms** (singlet or compression shirt with shorts). There are no check scales and absolutely no weight cutting at the facility or leaving the weigh-in area once you enter. OSAA *Medical Release for Wrestlers to participate with Skin Lesion* is required to compete if wrestler does not pass skin checks.

WEIGHTS: 75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275

SEEDING: Wrestlers in each bracket will be seeded 1-6 based on <sup>1</sup>previous place at the middle school state tournament and <sup>2</sup>previous place at regionals.

FORMAT: The brackets have varied from region to region, but are usually around 16-man brackets. During the tournament, no changes will be made to the brackets to avoid teammates or previous opponents.

STATE QUALIFIER: Each region will qualify the following number of wrestlers for the Oregon Middle School State Wrestling Championships the following Saturday at Woodburn High School:

**6 from Willamette, 4 from Eastern, 3 from Central, and 3 from Southern**

OFFICIALS: OSAA certified officials will be at the tournament.

## OTHER INFO:

- Only two coaches can be in the corner; no other spectators allowed matside.
- Nobody should block the view by standing or sitting along front fencing (even if recording a match). They will need to sit in the bleachers.
- Unsportsmanlike conduct by any individual may result in immediate removal from the premises and possible removal of the head coach too.
- No team score will be compiled at regionals.
- Headgear is required and shoelaces must be secured. Proper hair covering secured to headgear is also required if hair extends past eyebrows in front or shirt collar in back.
- Concessions and tournament shirts and hoodies will be available for purchase.